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Report Linking Fluoride to Lower IQ in Children Made Public After CDC, HHS Tried to Block It

The National Toxicology Program on Wednesday released a draft report linking prenatal and childhood fluoride exposure to reduced IQ in children, after public health officials tried for almost a year to block its publication.

By **Brenda Baletti, Ph.D.**

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The National Toxicology Program (NTP) on Wednesday released a draft report linking prenatal and childhood fluoride exposure to reduced IQ in children, after public health officials tried for almost a year to block its publication.

The U.S. Department of Health and Human Services (HHS) and the Centers for Disease Control and Prevention (CDC) initially blocked the NTP from releasing the report, according to emails obtained via a Freedom of Information Act (FOIA) request.

But a court order stemming from a lawsuit filed by Food and Water Watch against the U.S. Environmental Protection Agency (EPA) forced the report's release this week.

The NTP, an interagency program run by HHS that researches and reports on environmental toxins, conducted a six-year systematic review to assess scientific studies on fluoride exposure and potential neurodevelopmental and cognitive health effects in humans.

The report, containing a monograph and a meta-analysis, went through two rounds of peer review by the National Academies of Sciences, Engineering, and Medicine. Comments from reviewers and HHS and NTP's responses also were included in the report released Wednesday.

According to its website, the NTP "removed the hazardous classification of fluoride" in response to comments in the peer-review process. Yet, the report states:

> "Our meta-analysis confirms results of previous meta-analyses and extends them by including newer, more precise studies with individual-level exposure measures.
>
> "The data support a consistent inverse association between fluoride exposure and children's IQ …
>
> "The results were robust to stratifications by risk of bias, gender, age group, outcome assessment, study location, exposure timing, and exposure type (including both drinking water and urinary fluoride)."

"These findings fly in the face of the empty, unscientific claims U.S. health officials have propagated for years, namely that water fluoridation is safe and beneficial," said Robert F. Kennedy Jr., Children's Health Defense chairman and chief litigation counsel. "It's past time to eliminate this neurotoxin from our water supply."

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by Robert F. Kennedy Jr.
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The controversial report will play a key role in determining the outcome of a lawsuit brought in 2017 by several nonprofits against the EPA to end fluoridation of drinking water, plaintiffs' attorney Michael Connett told The Defender.

"We had to fight hard to have this report even made public," Connett said. "They [CDC and HHS] buried this. If they had gotten their way, this report would have never even seen the light of day," Connett said.

Since the trial began in 2020, U.S. District Judge Edward Chen has been waiting for the NTP to complete a systematic review of fluoride's neurotoxicity before ruling on the case.

Groups like the American Dental Association publicly pressured the NTP to "exclude any neurotoxin claims" from the reports.

Connett said during the trial, the EPA repeatedly claimed that the plaintiffs' allegations about toxicity could not be verified because there was no "systematic review."

The documents released Wednesday fill that gap.

Connett said:

> "So now what do we have? We have a systematic review by one of the pioneering, leading, most authoritative research groups on toxicology in the world.
>
> "They just completed a systematic review that took them six years to complete, so if that's not enough to demonstrate a hazard under the toxic substances control act, then how would any citizen group ever be able to meet the standard?"

The findings: fluoride and lowered IQ in children

According to the NTP report:

> "The current bodies of experimental animal studies and human mechanistic evidence do not provide clarity on the association between fluoride exposure and cognitive or neurodevelopmental human health effects."

Yet, the report's summary contradicts this statement by summarizing the evidence informing this conclusion, stating that nearly all studies examined for this literature review found evidence of cognitive or developmental issues associated with fluoride.

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According to the report, 8 of the 9 "high-quality studies examining cognitive or neurodevelopmental outcomes reported associations with fluoride exposure."

Of the 19 high-quality studies assessing the association between fluoride and IQ in children, 18 reported an association between higher fluoride exposure and lower IQ in children. Forty-six of the 53 low-quality studies also found evidence of that association.

The meta-analysis also states:

> "The body of evidence from studies on adults is also limited and provides low confidence that fluoride exposure is associated with adverse effects on adult cognition. There is, however, a large body of evidence on IQ effects in children."

The monograph and meta-analysis found that fluoride exposure at levels equivalent to 1.5 mg/L is associated with lower IQ in children. The abstract concludes:

> "This review finds, with moderate confidence, that higher fluoride exposure (e.g., represented by populations whose total fluoride exposure approximates or exceeds the World Health Organization Guidelines for Drinking-water Quality of 1.5 mg/L of fluoride) is consistently associated with lower IQ in children."

Levels of fluoride found in drinking water in the U.S. are typically 0.7 mg/L, which is lower than the 1.5 mg/L levels found to be neurotoxic by the reports.

On that basis, HHS' review of the reports recommended the NTP revise its assessment such that, "all conclusory statements in this document should be explicit that any findings from the included studies only apply to water fluoride concentrations above 1.5 mg/L."

The NTP responded:

> "We do not agree with this comment. Our assessment considers fluoride exposures from all sources, not just water.
>
> As discussed in the pre-publication 2022 NTP Monograph, because fluoride is also found in certain foods, dental products, some pharmaceuticals, and other sources, individual behaviors are likely an important determinant of actual exposures."

Rick North, former CEO of the American Cancer Society's Oregon division and Fluoride Action Network board member told The Defender that "people consume large amounts of fluoride through tea and other drinks and processed foods made with fluoridated water, not to mention pesticide ingestion and fluoride from air pollution."

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He also said that people's fluoride exposure can depend on how much water they drink.

"Think about it," North said. "Your level of risk depends upon, incredibly, how thirsty you are. That's how absurd the entire premise of water fluoridation is," he said.

The NTP confirmed that people exposed to levels of fluoride lower than 1.5 mg/L in the water system could have high levels of fluoride in their systems. It stated:

> "Even in the optimally fluoridated cities [fluoridated at 0.7 mg/L] in Canada studied by Green et al. (2019), individual exposure levels, as documented by repeated urinary measurements, suggest widely varying total exposures from water combined with fluoride from other sources."

It added, "our moderate confidence conclusion is primarily based on studies with total fluoride exposure that approximates or exceeds what is generally associated with consumption of optimally fluoridated water [0.7 mg/L] in the United States."

"We have stressed in our monograph that our conclusions apply to total fluoride exposures rather than to exposures from exclusively drinking water."

"What the NTP is pointing to here is that in some communities, where the dose of fluoride in the water is 0.7 mg/L, the NTP has found levels of fluoride found to be associated with lower IQ," Connett told The Defender.

Also, different people have different risk levels, he said. Pregnant women and bottle-fed babies, for example, are some of the populations at highest risk.

On this point, the NTP responded to a different HHS critique, writing, "We have no basis on which to state that our findings are not relevant to some children or pregnant people in the United States."

"The margin of safety here just doesn't exist — it is precariously small," Connett said. He added that the lawsuit is "basically a risk assessment of fluoride."

Under the Toxic Substances Control Act (TSCA), which is the law at stake in the lawsuit, the EPA carries out risk assessments for potential toxins.

To do a risk assessment, the EPA first identifies a hazard and determines at what dose — what level of human exposure — that hazard harms human health.

Then the agency determines in a given case whether the margin between the existing hazard levels and the human exposure levels is unacceptably close, which would make a toxin pose a risk to human health.

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Connett said that in EPA's previous risk assessments for other chemicals, such as methylene chloride or bromopropane, evaluated according to the 2020 risk evaluation method that guides this case, the agency found the hazard level exceeds the human exposure level by much higher margins — "usually in a range of ten to 20 times higher," yet it has deemed those chemicals to present an unreasonable risk to human health.

In other words, the substances were found to be toxic to humans at levels significantly higher than what people may be exposed to in regular use, yet the EPA determined them to be risks.

When it makes that determination, the EPA must then take steps to mitigate the risk.

That can also be the finding in this case. According to a pre-trial document, both sides in the case agreed to the "undisputed fact" that the "EPA does not require that human exposure levels exceed a known adverse effect level to make an unreasonable risk determination under TSCA."

The NTP documents also raised flags about the implications of seemingly small neurotoxic effects:

> "Research on other neurotoxicants has shown that subtle shifts in IQ at the population level can have a profound impact on the number of people who fall within the high and low ranges of the population's IQ distribution.
>
> "For example, a 5-point decrease in a population's IQ would nearly double the number of people classified as intellectually disabled."

Top HHS and CDC officials tried to 'water down' and block the report

In 2016, a group of six nonprofit organizations and several individuals petitioned the EPA to end fluoridation of drinking water in the U.S. based on evidence of health risks associated with fluoride, namely neurotoxicity.

The EPA rejected the petition.

In response, Food and Water Watch, Fluoride Action Network and others sued the EPA in 2017, seeking an end to water fluoridation.

The plaintiffs argued that water fluoridation violates the EPA's Toxic Substances Control Act and that fluoride is neurotoxic and lowers children's IQ.

They based their initial claims on dozens of studies and reviews demonstrating fluoride's neurotoxicity. Studies have also linked fluoride to a variety of other health risks in both children and adults, and evidence shows it to be an endocrine disruptor.

The EPA denied water fluoridation causes harm.

A seven-day trial took place in federal court in San Francisco in June 2020, but Judge Chen put the proceedings on hold pending the release of NTP's systematic review of evidence on the neurotoxic effects of fluoride.

The report, slated for release in May 2022, was delayed several times and sent for several rounds of peer review.

"The people on the [NTP] committee were experts in their fields who put years into this study, going back and forth with one external review after another," North said. "You couldn't ask for more peer review than what it already had. There were constant attempts to delay it, to water it down."

In late October 2022, Judge Chen ended the stay on the NTP review, ruling that the parties involved could view the NTP review in its unpublished form to better inform his final decision.

However, due to concerns from the EPA, he also ruled the report could not be made public unless the NTP released it.

In December 2022, the plaintiffs filed several exhibits with Judge Chen, including a redacted version of the NTP's assessment of fluoride's neurotoxicity and internal emails between the CDC and the NTP obtained through FOIA demonstrating that HHS blocked the release of the long-delayed review, the plaintiffs argued.

The documents showed that on May 11, NTP notified the agencies that it was going to release the report on May 18, but the CDC opposed the release.

Emails also indicated that HHS Assistant Secretary for Health Rachel Levine was going to "get involved," and, "the May 18 release date for [the monograph] is almost certainly not going to happen," the Defender reported.

Connett said:

> "It was only because we were tipped off by someone with knowledge on the inside that something was amiss that we went and did extensive FOIA requests and we were able to get documents showing that the NTP scientists considered this report to be complete and ready for publication last May, May of 2022."

North said it was clear the agencies were blocking the release of the report, which was ready for publication.

"This was a clear case of stonewalling," North said. "The National Toxicology Program, after over six years of research and numerous outside peer reviews, had completed its state-of-the-science report."

Connett added:

> "We have emails showing that Levine is the one who put it on hold. Rachel Levine said not to publish this report at this time. Then when we got the FOIA emails showing that and NTP said they may not publish this [the report] at all. They may not publish it in final form but we did get them to agree to at least post a draft report. They will consider it a draft report."

On January 20, Judge Chen denied the EPA's request to add another six-month period to the stay he lifted in his October ruling.

The monograph and meta-analysis released yesterday on the NTP's website are both labeled "draft."

"Unfortunately, fluoridation promoters and high-level government officials have continued to label it a draft," North said. "It wasn't."

Experts associated with the lawsuit against the EPA will now analyze and interpret the report in future hearings and then Judge Chen will rule.

The next hearing date is scheduled for April 11, 2023. At that time, the judge will set a date for the next phase of the trial.

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Brenda Baletti, Ph.D.

Brenda Baletti Ph.D. is a reporter for The Defender. She wrote and taught about capitalism and politics for 10 years in the writing program at Duke University. She holds a Ph.D. in human geography from the University of North Carolina at Chapel Hill and a master's from the University of Texas at Austin.

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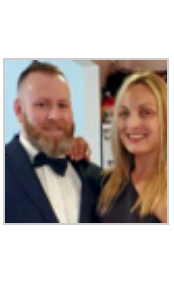

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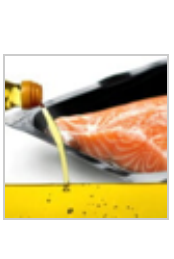

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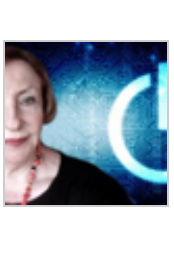

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Best Newest Oldest

Carrie Lavine
10 months ago
Yep.This is where..the expression "Dumbing Down"of the population came from.Flouride also calcifies the Pineal Gland.All children are born with God-given innate intelligence,giftings&talents.Theres no way to disguise the damaging effects of Flouride-that is Industrial toxic waste from the pesticide industry.
36 0 Reply • Share ›

Ronald Martono → Carrie Lavine
10 months ago
So true, the Pineal Gland calcification is the real issue, it produces helpless slave citizens, cut-off from the "ocean of all possibilities", the "field" or however the term used for this, that we access through intuition. While intelligence IQ is something western society has a measurement for, the real human powers lie beyond, and they are not "superhuman" but human. Only we have been so well manipulated to not look beyond the 3% of the total know-to-exist energetic phenomena that is explainable by todays physics. Quantum physics, that shows some ways (while it often suspiciously looks just as re-languaged ancient wisdom, which ain't really matter though) is now 100 years old but still waiting to be brought into the minds of people.
6 0 Reply • Share ›

Darby O'Gill
10 months ago
So, fluoride lowers IQ. I wonder who would benefit from a less intelligent populace?
26 0 Reply • Share ›

Brian Johnston → Darby O'Gill
10 months ago
'They' would.
6 0 Reply • Share ›

BlueGreen → Darby O'Gill
10 months ago
Let's look at exactly who started it, and who funded the 'research'
2 0 Reply • Share ›

Kitty Ca'at → Darby O'Gill
10 months ago edited
Modern day slavers-corporations that will do anything to avoid paying workers a living wage.
1 0 Reply • Share ›

Le Rusé → Darby O'Gill
10 months ago
The Amish, of course ?? You know the small hats Amish ....
1 1 Reply • Share ›

Darby O'Gill → Le Rusé
10 months ago
Not quite....the ruling elites make out the best.
1 0 Reply • Share ›

Jen
10 months ago
It's shameful for the CDC and HHS to block this Flouride report. The CDC, HHS, and FDA all need to be disbanded before they cause more harm than they have already caused.
25 0 Reply • Share ›

Jenni McNabb → Jen
10 months ago
Yea, but they want people to be dumb enough to believe all the complete nonsense they spew constantly.
10 0 Reply • Share ›

Valerie
10 months ago
It is so suspicious, and telling, that fluoride was added to everyone's water instead of being offered to people to take voluntarily as a supplement.
20 0 Reply • Share ›

redhed101 → Valerie
10 months ago
It is for your own good. *sarcasm
8 0 Reply • Share ›

NikkiB → Valerie
10 months ago edited
I suppose that Fluoride must be linked as being an endocrine disruptor given that many times certain metals tend to have this effect, although Flouride is a mineral certainly in excess that should be studied as being equivalent to what excess metals in the body are capable of inflicting. Even worse is how much Fluoride is in the children's toothpaste and not only that but is given to most kids at every 6 month appointment in my experience anyway, those hygienists, etc are giving the kids a fluoride topical or they are having them use it as a rinse. Honestly, a dentist who is responsible would do more for children's oral health and well being to recommend those children drink plenty of water and have a nutritional profile done to see if they have any key nutritional deficiencies. We need certain key nutrients to build strong teeth and bones and fluoride does not really appear to be helping as they have led us to believe given the procedures our dentists have recommended in spite of regular cleanings and fluoride use. If a child has various deficiencies and eats processed foods that alone can lead to a decline in oral health and many are linking gut health to oral health these days.
https://www.drstevenlin.com...
Since they have recommended Fluoride supplementation on the basis that our
see more
1 0 Reply • Share ›

graham321 → NikkiB
12 days ago
It always pees me off everytime i see TV ads for water charities in Africa especially. Those kids (black African children) usually have the best teeth in the world yet they are drinking this 'dirty water'. This water will be boiled and then cooled before they drink it, it never mention this in their ads though - they aren't entirely stupid people.
And they want US to pay so that they can have the same quality of water that we have which has well over 100 chemicals added, not just fluoride.
Look at the average white persons teeth compared to the average black persons teeth. Unless you are rich like most TV stars etc are and can afford to get the lot knocked out of their mouths and then a brand new straight set put in then most white people have pretty bad sets of teeth overall.
0 0 Reply • Share ›

graham321 → Valerie
12 days ago
What they are 'adding' is actually the chemical equivalent of fluoride which is more harmful than actual fluoride is by a product of the aluminium industry that they would have to dispose of themselves if they hadn't 'persuaded' governments to buy it from them and use it in the water.
I think what they are using is called fluorosilicic acid, can't remember the name fully now though as it was over 10 years ago that i read that - and i've probably drunk some of that stuff in the meantime also!
0 0 Reply • Share ›

Seabreezes1
10 months ago
And it is not just IQ and learning disabilities. Even the NTP mentioned thyroid studies, although that was out of scope. Then there are the studies documenting evidence of harm to kidneys, bones, and gut.

Fluoridation is a public harm policy that poisons brains, bodies & bones from womb to tomb.

See: https://www.fluoridelawsuit...
18 0 Reply • Share ›

BlueGreen → Seabreezes1
10 months ago
Thyroid and average temp too
https://med.stanford.edu/ne...
1 0 Reply • Share ›

E S
10 months ago
I read a few years ago that fluoride contributes to having type 2 diabetes. I asked my doctor then if he knew about this and he said yes.
12 0 Reply • Share ›

boat
10 months ago
Seems to me it is now a crime to Fluoridate our water supply under the Criminal Provisions of the Safe Drinking Water Act (SDWA).
A Person

Tampers (with the intention to harm), attempts to tamper, or threatens to tamper with a public drinking water system
Statute: 42 U.S.C. 300i-1
Penalty:
20 years (10 if attempt or threat) and/or fines pursuant to 18 U.S.C. 3571
https://www.epa.gov/enforce...
End water Fluoridation in your community. Stop using Fluoride toothpaste.
Kudos to CHD, Fluoride Action Network and Food & Water Watch!
10 0 Reply • Share ›

Brian Johnston
10 months ago
There has never been a scientific study undertaken to establish/prove that adding fluoride

to the drinking water is safe and effective.
There a numerous papers, reports, opinion pieces. Nothing Scientific.
Note. The minimum requirement for a study would include an independent and a control so that comparisons can be made. Hasn't been done.
They started one in New Zealand Napier/Hastings it did not look good for fluoride and was discontinued?

10 0 Reply • Share ›

graham321 ↗ Brian Johnston
12 days ago edited

I heard that they did one in America once over 2 nearby towns somewhere, can't remember where now and this too was pulled as the fluoride town were at the dentists way more often than the other town, again swept under the rug. The kids in the fluoride free town were way brighter too IQ wise. I think Dr Tom Levy mentions this, i might have heard it from him and he was pals with Hal Huggins? the dentist that he wrote a book with.

0 0 Reply • Share ›

redhed101
10 months ago

I have been saying this for years as I am in contact with these products and very familiar with the SDS sheets. Once I knew, it was eliminated from the family drinking water, toothpaste, etc. I don't cook with tap water, we use water filtered by reverse osmosis, which is the only filtration that removes fluoride. The dogs even get filtered water. We do the best we can to limit the exposure. It is NOT good.

9 0 Reply • Share ›

Joseph C Moore USN Ret ↗ redhed101
10 months ago

Every (still intelligent) citizen should avoid fluoridated water and insist to their politicians to desist & eliminate the injurious pollution of the potable water supply.

2 0 Reply • Share ›

graham321 ↗ redhed101
12 days ago edited

Actually distilling the water gets more out than reverse osmosis. These are the 2 best ways around this but if you want it straight from the tap then reverse osmosis is the way to go.
Even better still, the French use ozone to get the crap out of their water.
Ozone will kill over 99% of viruses, bacteria, mold and funghi in water.
Read Flood your body with oxygen by Ed McCabe.
Getting a bit off topic here but he presented proof of over 200 HIV+ people who became HIV- in the early 1990s to Fauci of all people.
He said 'they must not have had the disease to start with'. Nice man. Instead of using the billions he had access to each year to trial these things for himself he decided not to bother. They have known about ozone for well over 100 years and still deny it.
As this is one 'alternative' method, they can't use an EUA (emergency use authorization act) ever legally as this one method will beat all others, anything that pharma can come up with. They know full well about this but it just goes to show who's side they are really on, and it isn't yours.
The 'virus' is nothing, the terrain is everything.

0 0 Reply • Share ›

Gary Brown
10 months ago

Mar 10, 2007 Fluoride & Bone Cancer: Is Harvard Professor Hiding a Link?

Did a Harvard dental professor, who moonlights as a consultant to Colgate, suppress evidence linking fluoride to bone cancer in children? A study done by a PhD candidate at Harvard Medical School was hidden away in their library until someone from the Environmental Working Group and the Fluoride Action Network discovered a copy in 2001. It's conclusions were startling.

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8 0 Reply • Share ›

John Vian
10 months ago

Nazi Germany was giving fluoride to the Jews, go figure...

12 1 Reply • Share ›

Tommy Rimes ↗ John Vian
10 months ago

I read that they gave it to concentration camp inmates to make them more docile. Also, I don't know about other SSRI's, but Prozac is a fluoride compound.

6 1 Reply • Share ›

John Vian ↗ Tommy Rimes
10 months ago

It dismays me to no end, this has to be the most sickest nation of all history. They are purposely feeding us poison in order to gain control over the cowardly masses who believes, with blind faith, that the health industry wants us to be healthy. In the mean time, they are dying a slow death of chemical induced and petroleum based medicine. And this only skims the surface of what's wrong with America today...

4 0 Reply • Share ›

Seabreezes1 ↗ John Vian
10 months ago

Nope - the Nazi story is a red herring. People said it was used in camps, ghettos or in gulags, but that is all hearsay.

On the other hand, the Manhattan Project in the U.S. WWII during WWII used lots of fluoride, and the behavior of Dr. Harold Hodge with FSA Director Oscar Ewing (Ewing was formerly a lawyer for Alcoa, a fluoride polluter, and FSA was the precursor to HHS) rival Joseph Menegle. Read "**The Fluoride Deception**" for more on that.

3 0 Reply • Share ›

John Vian ↗ Seabreezes1
10 months ago

I did a follow up and found this video. Not sure if you've seen it but here it is.

0 0 Reply • Share ›

John Vian ↗ Seabreezes1
10 months ago

Thank you. I will follow up on that. Okay, found this...

0 0 Reply • Share ›

BlueGreen ↗ John Vian
10 months ago

We did start flouride right after WW2

3 0 Reply • Share ›

graham321 ↗ John Vian
12 days ago

And where did those German 'scientists' end up after WW2? Most of those who weren't hung at Nuremberg where brought to America and formed what today is called the CIA.
Seems your leaders even then were interested in what the Germans had to offer mankind.

0 0 Reply • Share ›

Caroline Cary Davidson
10 months ago

we've been talking about the fluoride/IQ connection for at least 10 yrs now, in the autism treatment community. I thought it was an established truth but of course our govt agencies function to protect industries instead of people so a decade later, its STILL being suppressed.
same sh**. different day. or decade. no surprises here.

7 0 Reply • Share ›

Beatrice ↗ Caroline Cary Davidson
10 months ago

I had the same thought. I have a DVD from at least 18 years ago about the fluoride deception..that may actually be the title. The really absurd aspect of whether to reveal fluoride toxicity is that every fluoride toothpaste has a warning not to swallow. But if we shouldn't swallow, then why are we putting this poison in our mouth at all? And don't we swallow our water? If fluoride in our water protects our teeth from cavities, then why are we getting cavities? Some dentists actually believe that fluoride is necessary to prevent cavities but a good dentist will tell you that you don't even need toothpaste to prevent cavities. Prevent acidic pH in your mouth by rinsing with water after drinking coffee or tea or sugary drinks, drink water throughout the day, brush and floss. Brush or rinse with baking soda to raise pH. Xylitol is very good for teeth. Coconut oil is good for teeth and gums (brushing or oil pulling). People just need to use commonsense when reading the labels and google big words they don't know.

My niece has dental fluorosis on her teeth due to fluoride toxicity. Her teeth are ruined and so far they can't fix the problem. Now how did that happen? Baby formula? City water? Swallowing her toothpaste? Mouthwash? Her parents might have bothered to find out more about fluoride's safety but they didn't and dismissed me as a radical when I tried to educate them.

3 0 Reply • Share ›

Greg Hill
10 months ago

The excuse used for adding fluoride to the water is that it supposedly prevents tooth decay. I believe that makes it classifiable as a medical treatment (https://medical-dictionary...., which means that it cannot legally be administered to anybody without their informed consent. How many people who drink fluoridated water have given their informed consent?

5 0 Reply • Share ›

Joseph C Moore USN Ret ↗ Greg Hill
10 months ago

AND, there is no way to regulate the amount of fluoride ingested, as water consumption varies from individual to individual. It is criminal to be putting it into our potable water supply.

1 0 Reply • Share ›

Andrew Sellars
10 months ago edited

Its odd that we are told that fluoride is safe in water but if your kid swallows a load of toothpaste you're supposed to take them to the nearest ER....is it a coincidence that as more and more of us drink bottled or filtered water that that we are getting restless and feeling less "Dumbed Down"?

5 0 Reply • Share ›

Beatrice ↗ Andrew Sellars
10 months ago

Exactly! This has been my argument all along- based on a little commonsense. AND, as I wrote above, if you shouldn't swallow this stuff, then why put it in your mouth at all?

2 0 Reply • Share ›

BlueGreen ↗ Andrew Sellars
10 months ago

Caution on the plastics, full of endocrine disruptors....make you feel non-binary

2 0 Reply • Share ›

graham321 ↗ Andrew Sellars
12 days ago

Quite a lot of bottled water is actually just tap water these days.
What is Evian backwards?

0 0 Reply • Share ›

BlueGreen
10 months ago

There's a reason average human temperature is down as well....
https://med.stanford.edu/ne...

see more

4 0 Reply • Share ›

Penny Pitstop
10 months ago

The government is keeping you safe, yet again. When in reality, they are slowly poisoning us, dumbing down the citizens are reaping the rewards themselves. I am so over all the stuff that they are doing. Here in Australia, the very weird clouds are concerning. It just goes on and on and folk think we live a normal life.

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graham321 ↗ Penny Pitstop
12 days ago

Just like everywhere else in the world people aren't looking up, they are too busy looking at their phones.

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Dimitri Ledkovsky
10 months ago

Government agencies are not your friends.

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Tommy Rimes
10 months ago

Seems I remember that the first thing Britain did after Brexit was fluoridate the water.

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graham321 ↗ Tommy Rimes
12 days ago edited

Trust me, it's been fluoridated since after WW2, probably way before that too. I wouldn't be surprised if the Germans copied us Brits not the other way around.
They may have ramped up just how much they are giving us after Brexit though as it was all privatised by the Tories in the mid 80s.

0 0 Reply • Share ›

Mora
10 months ago

What about topical flouride treatments? If its not taken internally is also harmful?

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Caroline Cary Davidson ↗ Mora
10 months ago

if its in your mouth, you will be ingesting some of it. it is totally unnecessary. its a scam. proper oral hygiene, common sense and a decent diet is all someone needs for healthy teeth & gums.

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redhed101 ↗ Mora
10 months ago

Think of it this way - your skin is an organ and absorbs things like creams and lotions etc. Think a chemical spill, it absorbs into the skin. The mouth is also very absorbant, and even more so.

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